

# YOUR PERCEIVED IDENTITY

*Your perceived identity is a*  
**DISTORTED & DEVALUED**

— MINDSET —

*resulting from  
unresolved painful  
experiences & relationships.*

# YOUR GOD-GIVEN IDENTITY

*Your God-given identity is a*  
**BELIEVED & RECEIVED**

— REALITY —

*based upon the  
image & likeness  
of your Heavenly Father.*

“YOUR IDENTITY DETERMINES YOUR ACTIVITY  
— WHO YOU BELIEVE YOU ARE WILL  
DETERMINE WHAT YOU BELIEVE YOU CAN DO.”

## DISCOURAGING RELATIONSHIPS

*will reinforce  
this distorted &  
devalued mindset.*



## ENCOURAGING RELATIONSHIPS

*will reinforce  
this intrinsic,  
God-given reality.*

“IF YOU GROW A HEALTHY TREE, YOU’LL PICK HEALTHY  
FRUIT. IF YOU GROW A DISEASED TREE, YOU’LL PICK  
WORM- EATEN FRUIT. THE FRUIT TELLS YOU ABOUT  
THE TREE... A GOOD PERSON PRODUCES GOOD  
DEEDS AND WORDS SEASON AFTER SEASON. AN  
EVIL PERSON IS A BLIGHT ON THE ORCHARD.”

— MATTHEW 12.33-35, THE MESSAGE

...  
**DETERMINED**  
*by your*  
**BEHAVIOR.**

*Your*  
**VALUE**  
*is...*



...  
**ENDOWED**  
*by your*  
**CREATOR.**

# YOUR GOD-GIVEN IDENTITY

I am created in God's image and likeness Genesis 1.26-27

I have all I need in God Psalms 23.1 My voice is heard by God

Psalms 116.1 God carefully and uniquely made me Psalms 139.13-14

God rejoices over me Zephaniah 3.17 I am God's child John 1.12-13

I am Jesus' friend John 15:15 God loves me John 17.23 I am free

from judgment in Jesus Romans 8.1-2 I am adopted into my

Heavenly Dad's family Romans 8.15 I am more than a

conqueror with Jesus Romans 8.37 God made me holy

1 Corinthians 1.2 I can share Jesus' thoughts 1 Corinthians 2.16 I am

the temple of the Holy Spirit 1 Corinthians 3.19-20 I share the

same Spirit as Jesus 1 Corinthians 6.17 I am a new creation in

Jesus 2 Corinthians 5.17 I am reunited with my Heavenly Dad

2 Corinthians 5.18 I can reunite others to God 2 Corinthians 5.18-20

I am God's righteousness 2 Corinthians 5.21 I am empowered

to work with God 2 Corinthians 6.1 I am innocent in God's

eyes Galatians 2.16 My unhealthy thoughts and behaviors

died with Jesus Galatians 2.20 I am a saint Ephesians 1.1 I am holy

and without fault Ephesians 1.4 I am accepted by my

Heavenly Dad Ephesians 1.6 I reign with Jesus in his Kingdom

Ephesians 2.6 I am God's masterpiece — designed to be kind

and beneficial to others Ephesians 2.10 I am a citizen of Jesus'

Kingdom Philippians 3.20 I have a peace-filled mind in Jesus

Philippians 4.7 I am free and forgiven of all my sins, failures,

and mistakes by God Colossians 1.14 I am made perfect and

complete through Jesus Colossians 2.10 I am fully

understood by Jesus Hebrews 4.14-16 I am God's chosen

person 1 Peter 2.9-10 I am cared for by God and He is careful

with me 1 Peter 5.7 I share God's divine nature 2 Peter 1.4

In Jesus I can live without having to practice sin 1 John 3.4-10

